

# Bullet journal to go

WZORY  
I PRZYKŁADY  
UŻYCIA

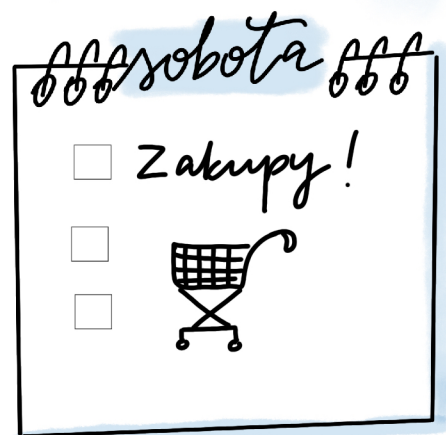
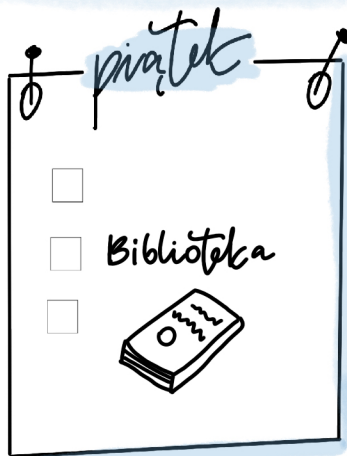
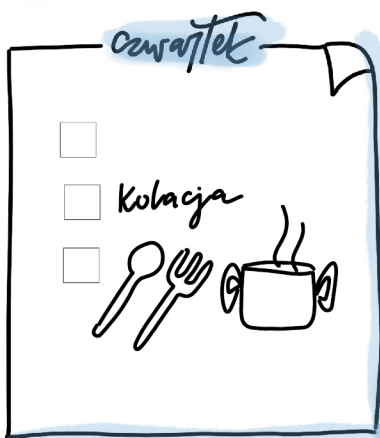
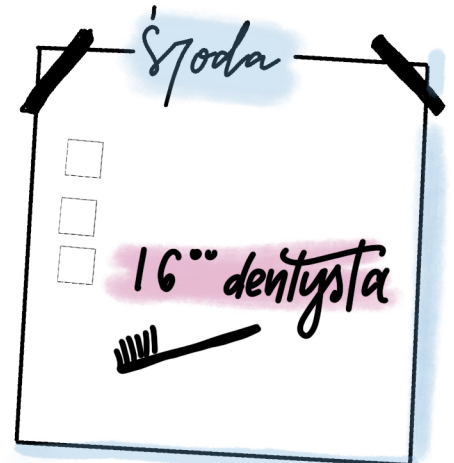
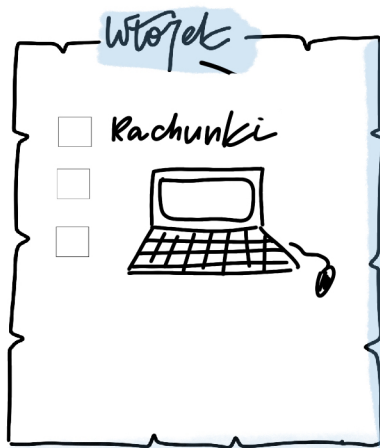
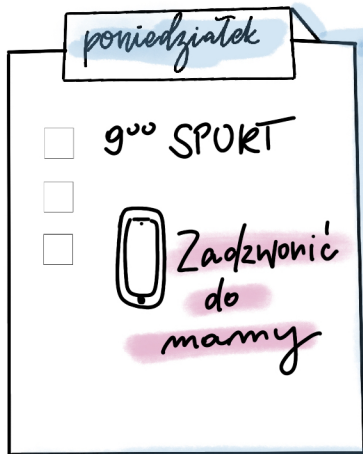
[WWW.BLOG.mak-art.org](http://WWW.BLOG.mak-art.org)

# PRZYKŁAD STRONY TYTUŁOWEJ



1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28

# PRZYKŁADY DNIÓWEK



# PRZYKŁADOWY KLUCZ

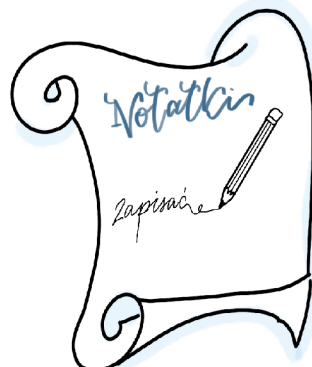
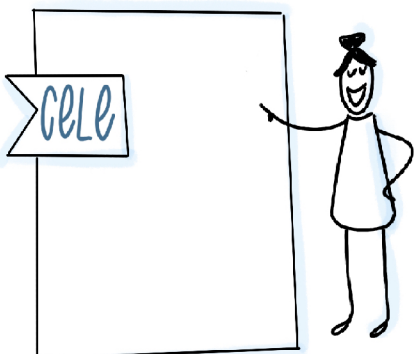
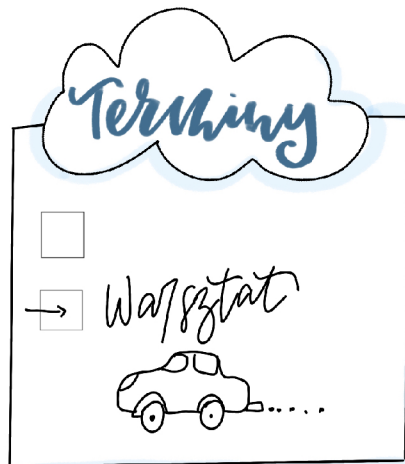
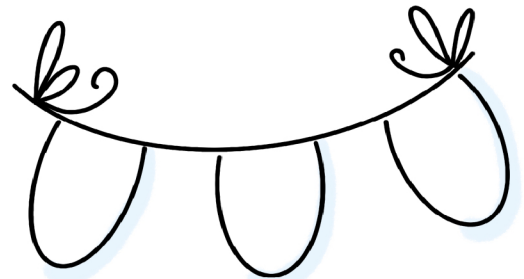
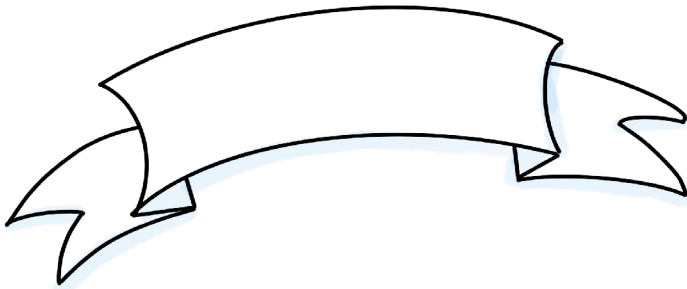
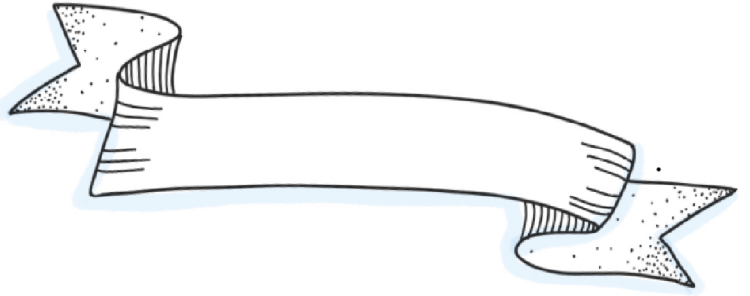
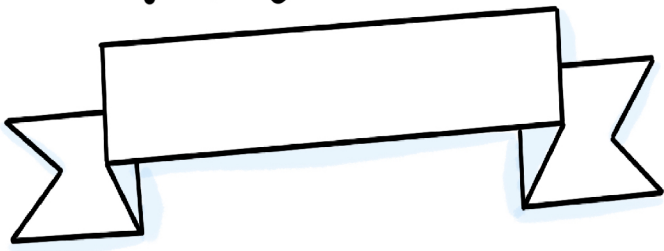
Zadanie

! Ważne

→ Przewinięte

W toku

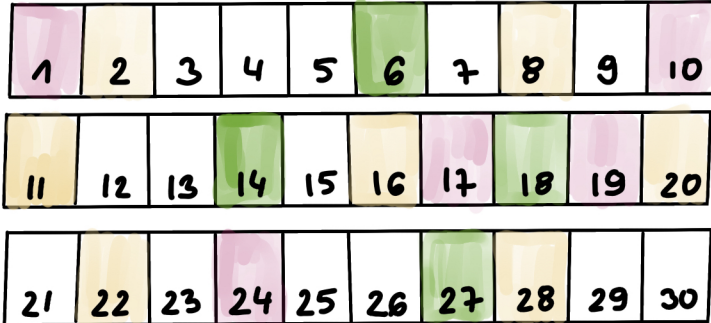
# PRZYKŁADY BANERÓW



# PRZYKŁADOWE TRACKERY

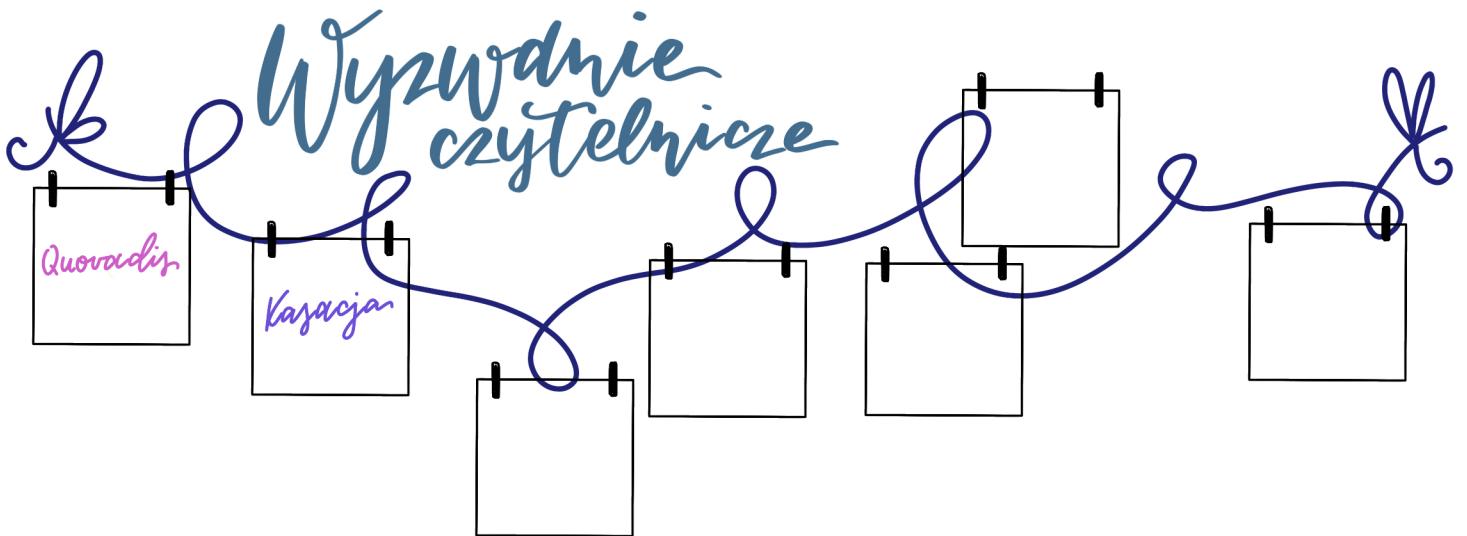
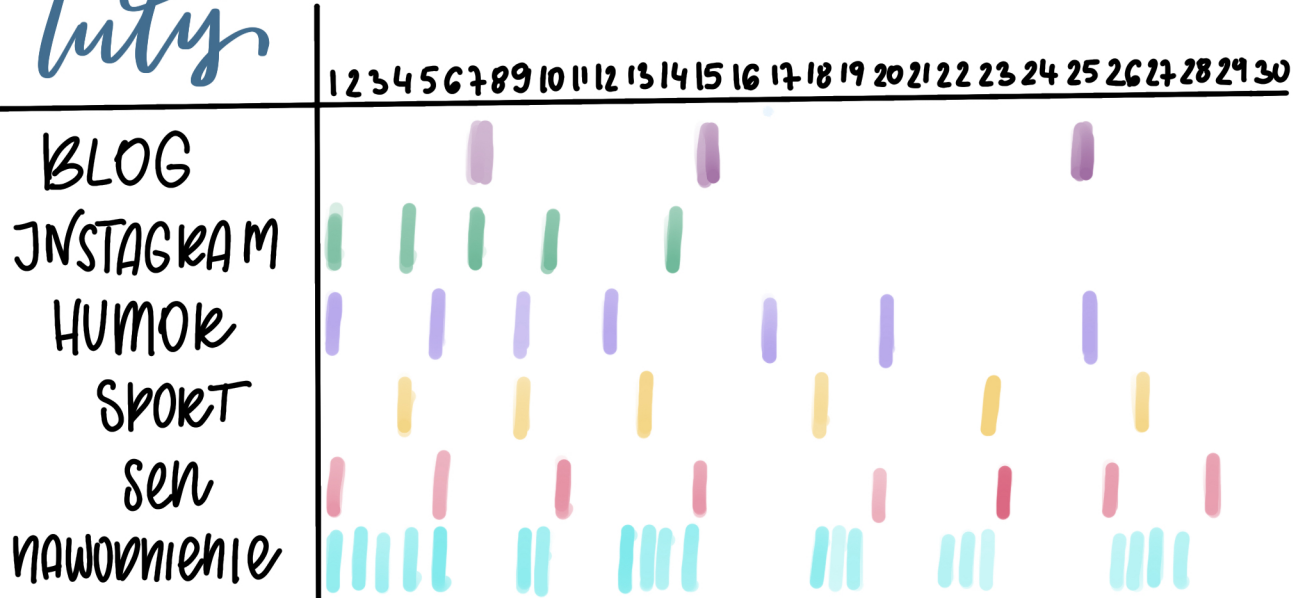
## Workouts

Styczeń 2019



- PILATES
- JOGA
- CARDIO

## lutym



# PRZYKŁADY PISMA

styczeń

lutym

marzec

kwiecień

maj

czerwiec

lipiec

Sierpień

wrzesień

PAZDZIERNIK

listopad

GRUDZIEŃ

Poniedziałek

wtorek

środa

CZWARTEK

PIĄTEK

sobota

niedziela

# OZDOBNIKI

